

*Join our Spring 2015  
White Pines Getaway  
(near Oregon, IL)*



Join Chief Blackhawk in overlooking the lovely Rock River valley.

*Offered: Tue-Wed, May 5-6 & Fri-Sat, May 8-9*

- \* Hike along the scenic Rock River and through towering pine forests*
- \* Discover gorgeous spring wildflowers and babbling brooks*
  - \* Canoe, and learn to shoot a bow & arrow*
- \* Venture onto the Midwest's longest single-span zip line*
  - \* Enjoy a campfire and hiking under the stars*

*Explore. Dream. Discover.  
Trailbound Trips*

## **Day 1:**

**12:30, Meet at Lowden State Park.** Our getaway begins high on a bluff at Lowden State Park. Here, admire the 50-foot statue of Chief Blackhawk gazing over the Rock River Valley, which he valiantly fought to protect from intruders.

**1 pm – 3:30 pm, Hike at Lowden Miller Park.** Our 5-mile trail meanders along spring meadows, through magnificent hardwood and evergreen forests, and beside the 300-mile long Rock River, the river Native Americans called Sinnissippi. Bring a snack.

**4 – 5:30 pm, Free time at the lodge.** Settle into our cozy private lodge and then enjoy the 640 acres of peaceful hills, prairies, and forest surrounding our lodge. Discover the cave, walk the labyrinth, zip line at 35-40 mph, canoe Paul's Pond, or simply relax in the quiet of nature.

**6:30 pm, Dine at our lodge.** Savor a delicious chicken dinner. Feel free to bring alcoholic drinks for dinner and the campfire.

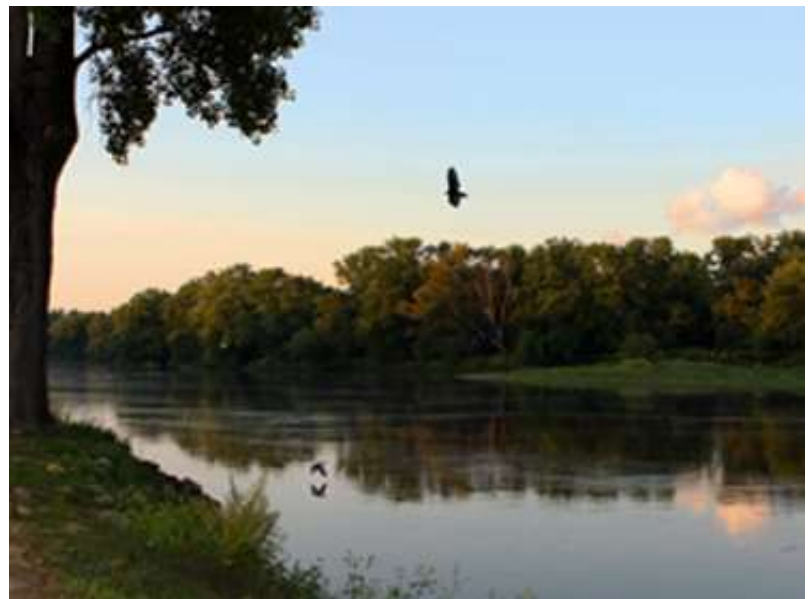
**7:30 pm, Enjoy a bonfire and a hike under the stars.** After a great day outdoors, bask in the warmth of the fire, friendship, and stories. Then, how about a guided hike under the stars to look for night critters?



Stroll through the southern-most natural stand of white pines in the U.S.



Canoe on the grounds where we are staying.



Watch eagles soar over the Rock River.

***When my daughter saw the pictures from our getaway, her comment was "Oh Mom, you look so happy!"  
And then: "What an awesome group!" ~ "Last Minute"***



Whoosh through the air on a zip line.



Enjoy great camaraderie.

## **Day 2**

***8 am, Savor a hot breakfast buffet at our lodge.***

***9 – 10:30 am, Learn archery or zip line.*** Finesse the art of bow and arrow, zip line over the woods on a 1,200-foot span, or explore the scenic grounds.

***11:00 am: Head to White Pines State Park,*** where we'll enjoy our trail lunches.

***Noon-2 pm.*** Explore this delightful gem on a 5-mile trek. Spot thousands of colorful spring wildflowers, walk along rocky streams lacing the base of moss-covered cliffs, and discover the park's namesake: the southern-most forest of natural white pines in the U.S.

***2:30 pm: Explore the charming towns of Oregon or Dixon*** on your own or head home.



You'll delight in our lodges and the grounds.

**Our lodging:** Lutheran Outdoor Ministries Center offers an unbeatable combo of 640 acres of gorgeous grounds and great rooms. Each of our two private lodges has 6 bedrooms, a great room with fireplace, Wi-Fi, frig, and coffee station. Each bedroom has 3 twin beds and full bath; we'll sleep 2 per room unless you choose to sleep 3 per room. Prefer a private room? Add \$50, availability permitting.

# Register now for our White Pines Getaway

## Cost of \$165/person includes:

- Lodging for one night (double occupancy)
- Full-course chicken dinner and hot breakfast buffet served in our private dining room
- 2 days of guided hikes
- Lodge grounds, including canoeing, archery, hiking, labyrinth, and zip line (\$10 charge for zip line)
- Bonfire and guided night hike

## Register...

- Online by going to [www.TrailboundTrips.com](http://www.TrailboundTrips.com) and clicking on White Pines Getaway in the right column.  
or
- By mail, with the below form and your payment. Registration fee is non-refundable.

## Your contact info:

Your name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Room-mate: \_\_\_\_\_

(Specify a roomie, or we'll be happy to pair you with someone.)



Your preferred dates: \_\_\_\_\_ Tue-Wed, May 5-6 \_\_\_\_\_ Fri-Sat, May 8-9

## Check all activities you'd like to enjoy during free time:

\_\_\_ Canoe on Paul's Pond    \_\_\_ Zip line (\$10 charge)    \_\_\_ Enjoy the archery range    \_\_\_ Hike the grounds

## Mail this form, with your \$165 payment, to:

**Trailbound Trips**, 533 Summit Street, Barrington, IL 60010. (Make checks out to Trailbound Trips.)

Glad you're joining us! In April we'll e-mail you driving directions, a roster of your fellow hikers, and more.  
Questions? Contact [TrailboundTrips@gmail.com](mailto:TrailboundTrips@gmail.com) or 847-381-9374.

**Happy trails!**

*Carol Ruhter, Your guide and Trailbound's founder*

*"Twenty years from now, you will be more disappointed by the things you didn't do than by the ones you did do ... Explore. Dream. Discover." ~Mark Twain*