

*Explore the Wonders of
Bryce & Zion National Parks!
October 7-13 & October 14-20, 2018*



For One Magical Week ...

- * Explore Zion's majestic mountains and red-rock canyons
- * Wade the Virgin River between towering canyon walls
- * Hike amid Bryce's rock-spire fairylands
- * Savor nature's Southwest fall artistry
- * Horseback ride on Thunder Mountain
- * Rappel and canyoneer
- * Relish great food, laughter, and camaraderie



*A week of nature,
friends, & adventure...*

*... a lifetime of pride,
smiles, and stories.*

Sunday, October 7 & 14

Fly into the airport in St. George, Utah, where we'll meet your flight at 3 pm. (Alternately, fly into Las Vegas and take a shuttle to St. George, where we'll meet you. We can suggest shuttles.) Then tour Utah's remarkable countryside as we drive to Bryce National Park, a fairyland of rock formations. Settle into the national park cabins, just a 2-minute walk to amazing canyon-rim views. Then, enjoy a delicious dinner together at the park lodge.

Monday, October 8 & 15

Trek 3.5 unforgettable miles on the **Navajo/Queen's Garden Loop** through Bryce Canyon's famous hoodoos ... towering rock spires in a geologic fantasyland. Then, visit Bryce's most picturesque overlooks, taking short walks to savor the views. Dinner at the lodge.

Tuesday, October 9 & 16

At the canyon rim, watch the sun's first morning rays play light shows with the hoodoos. Then enjoy a 3-mile hike at **Fairyland Point** for more spectacular hoodoo views ... OR mount up for an optional **horseback ride on Thunder Mountain**. This great ride switchbacks to the top of Red Canyon, where you'll ride the mountain's narrow backbone. Later, we're off to jaw-dropping scenery on our drive to Zion National Park. There, don your hiking boots for the 1-mile **Canyon Overlook** hike for breathtaking views and photos of Zion's towering mountains and the Virgin River winding along its canyon floor. Check into our lodge, in the midst of the park majesty. Enjoy dinner in the lodge.

“Our Utah trip was the most amazing experience I've ever had. Every hike was so cool ~ horseback riding was awesome ~ walking in the Virgin River was beyond words ~ and rappelling and rock scrambling were just as amazing! What an experience! Thank you for everything!” ~Blue Bird



Discover gorgeous panoramas at Bryce.



Hike through rivers and canyons.



Find time to reflect on what's around you ... and what's inside of you.



Ride through canyons and pristine wilderness.

Wednesday, October 10 & 17

Wednesday's 4-mile hike, ranked one of the Southwest's 10 best, offers incredible vistas of Zion Canyon – and bragging rights. Switchback up Zion Canyon's west wall and **Walter's Wiggles** to breathtaking views at **Scout Lookout**. After our hike, savor free time to read on your balcony, hike a nearby trail, or visit Springdale's great shops. We'll enjoy dinner at *Oscar's*.

Thursday, October 11 & 18

National Geographic ranks **The Narrows** hike as #5 of *America's Best 100 Adventures*. Our 5-mile hike takes us knee-deep in the Virgin River as it winds through sculpted-sandstone walls towering hundreds of feet on either side. (Water levels are carefully monitored to ensure safety.) After dining at the *Spotted Dog Cafe*, take a short night hike to gaze at Utah's amazing starlit skies.

Friday, October 12 & 19

Choose from two morning adventures: Hike on your own or with a friend through Zion's lovely scenery. **OR** choose 3-4 hours of guided, **beginner-level canyoneering** with *Zion Adventure*: First, you'll hike and rock scramble into a slot canyon. Then challenge yourself with 2-4 rappels down 20- to 80-foot canyon faces. You're securely strapped into a harness and assisted by experienced guides; no experience needed. This bucket-list adventure is a highlight for many of our hikers ... and offers great photo opps and "tales from the trails" for friends and family. Dinner is at the *Bit & Spur Saloon*.

Saturday, October 13 & 20

Drive through the lovely Utah landscape, arriving at 10 am in St. George for your return flights and shuttles. You'll go home with terrific stories, friendships, and a renewed love for the great outdoors.



Hike switchback through the Bryce hoodoos.

“Each day brought a new treasure, gave me a deeper appreciation for nature, offered new challenges I could meet, and opened my heart to other women’s stories, joys, and insights!”
~Indian Paintbrush



Spot fleet-footed pronghorns and other wildlife.



Explore Zion's unforgettable mountains and valleys.

The trip cost of \$2,998 includes:

- 2 days and nights at Bryce National Park's lodge's cozy cabins*, walking distance to amazing views and dining.
- 4 days and nights in Zion National Park's lodge*, in the heart of dramatic scenery and great hikes. Comfy rooms boast private balconies with beautiful views.
- Guided hikes by experienced, knowledgeable female leaders who help you understand the area's unique geologic and cultural history.
- Transportation throughout the week.
- Shuttles to and from St. George airport, within designated time frames.
- Park entrance fees and permits.
- Guided discussions that foster warm friendships and help you view nature and yourself in new ways.
- Informational booklet packed with hiking and trip tips, as well as area info.
- Online photo memories of the trip.

**Price is based on double occupancy. A solo room upgrade is an additional \$800, and dependent on room availability.*

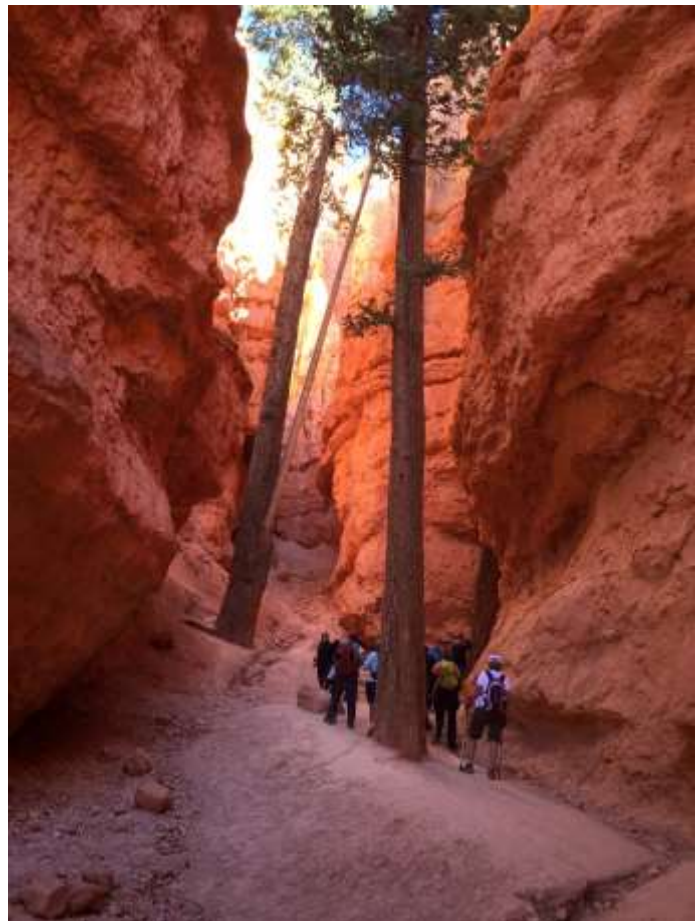
***Because the horseback ride and canyoneering adventure are optional, we have not included their cost in this price.*

Full trip payment is due August 7, 2018.

“I can't thank you enough for putting together such an awesome trip ... your company is top-notch and delivered more than anticipated! It's hard to believe that a couple of weeks ago I was transported into an “other-worldly” place ~ but the incredible photos and pink stain of Navajo sandstone on my shoe bottoms give evidence it was real.” ~Peapod



Score the victory ~ and stories ~ of canyoneering and rappelling!



Ascend nature's version of “Wall Street.”

Explore Utah in 2018!

Two ways to register:

- * Register online at www.TrailboundTrips.com OR
- * Mail this form and your \$500 non-refundable deposit to: Trailbound Trips, 533 S. Summit Street, Barrington, IL 60010 (make checks payable to Trailbound Trips)

Your contact info:

Your name: _____

Address: _____

City: _____

State/Zip: _____

Cell phone: _____

E-mail: _____

Roomie: _____

(List a roomie, or we'll be happy to pair you with another solo traveler.)

Choose your trip dates:

___ October 7-13, 2018 ___ October 14-20, 2018

Questions? Contact Carol: TrailboundTrips@gmail.com



Salute fellow hikers after the "Narrows" hike.



Savor exquisite scenery.



Strenuous

Maximum daily mileage: 6-10

Terrain: Mountainous hikes with rocks and roots

Maximum elevation gain on some hikes: 1,000 feet

Trailbound weeklong trips in this category: Shenandoah*;

Oregon*; Acadia; Utah's Zion/Bryce**;

* We'll be at altitudes higher than 5,000 feet

** We'll be at altitudes higher than 7,000 feet

"Twenty years from now you will be more disappointed by the things you didn't do than by the ones you did do..."

Explore. Dream. Discover."

~Mark Twain