



Tahquamenon Falls

A 5-day trip ... a lifetime of stories:

Northwoods Dog Sled Adventure

Wednesday-Sunday, Feb. 20-24, 2019

In the heart of Michigan's Upper Peninsula – tucked between the great lakes of Superior and Michigan – unforgettable fun beckons:

- Harness and mush your own dogsled team for a day-long adventure.
- Snowshoe and cross-country ski through the pristine Northwoods.
- Hike to magnificent icefalls.
- Explore unforgettable Tahquamenon Falls State Park.
- Gaze at millions of stars on a night hike through the Northwoods.





Winter turns Tahquamenon Falls into an icfall extravaganza and XC-skier's delight!

Wednesday, Feb. 20

- Depart on our luxury motor-coach at 7 am from Palatine, IL. Then relax on the 7-hour trip with movies, a good book, and getting to know your fellow adventurers. Enjoy lunch at Culver's.
- Settle into your comfy room at the *Quality Inn* in Newberry, the moose capital of Michigan.
- Savor a yummy Northwoods dinner catered to our hotel, and meet our dogsled guides.
- After dinner, Tasha, owner of *Nature's Kennel*, will talk about dogsledding (including their numerous Iditarods), describe *your* upcoming adventure, and answer questions.

Thursday, Feb. 21

Enjoy the inn's complimentary hot, hearty breakfast buffet.

Explore Tahquamenon Falls: We'll spend the day together at Tahquamenon Falls State Park, 50,000 acres of pristine Upper Peninsula (UP) wilderness. The scenic Tahquamenon River was made famous in Longfellow's poem, *Hiawatha*; its beauty will make it legendary for you, too. We'll have multiple guides for our activities, so you can go at your own pace.

- **Hike ...** Take an hour-long hike to fantastic ice formations sculpted by Tahquamenon Falls, the 2nd largest waterfall east of the Mississippi.
- **XC-Ski ...** Cross-country ski for 2 hours through lovely snow-fringed, old-growth forests to the phenomenal falls.
- **Snowshoe ...** Enjoy a 2-hour snowshoe through the picturesque lower falls area.
- **Eat at the park pub ...** Savor dinner at the park's yummy restaurant and pub, decorated in Northwoods style – and owned by the granddaughter of the man who once owned this land.
- **Explore the woods at twilight ...** Snowshoe through the quiet woods at night on a trail illuminated by old-fashioned kerosene lanterns and starlight.

If you wish to XC ski while at Tahquamenon, bring your own (or rented) skis with you to the UP; there are no rentals near where we stay. The park DOES loan snowshoes for free while we're there.



Snowshoe by daylight ... and hike by lantern light.

"This was the best experience I've ever had!"
~Timber Wolf

"When I look at the pictures, it just makes me smile. Now I know why people go back again and again." ~Kudie

"I felt like a kid again! What a blessing!"
~Daisy

Friday, Feb. 22

Enjoy the inn's complimentary hot breakfast buffet.

Group 1: Dog Sled! Half of our group will dogsled Friday from 8:30 am-3 pm at *Nature's Kennel*, owned and operated by Ed & Tasha Stielstra. They have two great young kids ... and 200 happy canines, including Iditarod racing veterans. Ed is an 8-time Iditarod race finisher; Tasha also runs long-distance races.

As part of our day-long adventure, learn the basics of harnessing the dogs and driving the sled. Then, experience the thrill of driving your own team of 4-5 dogs on a 10-mile ride, while following experienced musher guides. You'll be on the trail about 1 hour.

While some ladies are mushing, others have a chance to hike through the pretty Northwoods and play with the friendly Alaskan huskies back at the kennel.

Enjoy a yummy lunch of hearty home-cooked soups, hot drinks, and dessert around a crackling fire. (A comfy warming house and washroom are also open to us all day.) After lunch, the two groups at *Nature's Kennel* will swap activities.

Other dogsled options: Opt to ride in a guide's sled rather than drive your own. OR you can opt to ride in a guide's sled AND drive your own sled ... do one before lunch and the other after lunch.



Savor the silent splendor of mushing!



Try out yoga moves on the largest fresh body of water on earth! Then hike a portion of the longest trail in the country.

Group 2: Explore UP treasures:

While half of our group is at *Nature's Kennel*, others will explore treasures near Munising, MI. Hike to a frozen waterfall and then to the shores of Lake Superior. There, view amazing icefalls along the shoreline ... and if the lake is frozen, go walk on water! We'll also trek a short portion of the famed North Country Trail, which stretches 4,600 miles from North Dakota to New York State (the longest trail in the National Trails System). Lunch is provided on the bus.

Pamper your muscles. After our day's adventures, get a ½-hour massage at our inn. We'll schedule appointments for this optional treat with two registered massage therapists.

Dine in! Kick back on this casual evening, get to know one another better, and share stories of the day while munching pizza and Caesar's salad with grilled chicken. Feel free to bring your own beverages.

"Your trips push me to do things I didn't think I could!! And there's always such a wonderful group of Wild Women who are open to adventure! Thank you!" ~Hiking Stick

Saturday, Feb. 23

Enjoy the inn's complimentary hot breakfast buffet.

Swap adventures. Friday's dogsledders will head to Munising on Saturday, and our group of dogsled alumni will head out for a 20-mile dogsled at *Nature's Kennel*.

A magical evening. We'll dine at *Chamberlin's Ole Forest Inn*, a gracious country inn on Big Manistique Lake. Built in the 1800s, this inn has the best food and ambience around, plus fun live music. Simply magical!

Sunday, Feb. 24

Enjoy the inn's complimentary breakfast buffet.

At 9 am, we'll fill the bus with adventurous women, laughter, great stories, and friendship and return to Palatine by about 4 pm. We'll stop at *Culver's* for lunch on the ride home.



Savor the food, ambience, fireside, and live music at Chamberlin's.

Reserve your spot today for this unforgettable adventure!



Enjoy winter at its best!

The trip cost of \$1,358 covers:

- * Lodging for 4 nights (double occupancy)
- * Luxury motor coach throughout our trip
- * 6½-hour dogsled adventure
- * A trip to Munising icefalls and Lake Superior
- * Fun-packed day at Tahquamenon Falls
- * Guided hiking, snowshoeing, and XC skiing
- * Guided twilight hike
- * Catered dinners Wednesday and Friday
- * Yummy lunches each day
- * Hot breakfast buffets each morning
- * 2 Trailbound guides throughout the trip
- * Snacks and water throughout the trip
- * Snowshoes at T-Falls (or bring your own)
- * Fact-filled packet with area info, trip tips, packing list, and more
- * Mesh backpack
- * Hundreds of our online photo memories
- * Professional photos of your dogsledding
- * Free parking for your car while we're away
- * Park permits and entrance fees
- * Gratuities for the bus driver, dogsled guides, XC ski & snowshoe guides, and hotel staff
- * Amazing memories and friendships
- * "I did it!" bragging rights

I felt like I had to do something out of my comfort zone and, it made me feel confident! ~Zippy

It helped me to find girlfriends who are about my age and like to do things that I do. ~Sled Belle

1. Your name: _____
Address: _____
City/State: _____
Cell Phone: _____
E-mail: _____
Roomie*: _____

(*You can room solo, request a roomie or we'll be happy to pair you with another friendly solo traveler.)

2. Which fun option do you prefer?

- ___ Standard trip: driving your own dogsled team 10 miles. Cost is \$1,358.
- ___ Ride in the guide's sled only. For this 10-mile ride, deduct \$110 from the standard rate, for a cost of \$1,248.
- ___ Ride once with a guide for 10 miles and drive your own dogsled team once for 10 miles. Add \$110 to the standard rate for a cost of \$1,468.
- ___ Drive your own team 10 miles in the morning and 10 miles in the afternoon. Add \$220 to the standard rate for a cost of \$1,578.
- ___ Drive your own team on a 20-mile adventure. Add \$380 to the standard rate for a cost of \$1,738. Available to dogsled alumni who have previously done a 10-mile drive with *Nature's Kennel*.
- ___ For a private room at the *Quality Inn*, add \$200 to the cost of the above option you select.



The UP won't be the only thing you fall in love with...

To provide mushers more personal attention, *Nature's Kennel* limits the number of riders & drivers each day, **so most options are available on a first-come basis**. In addition, *Nature's Kennel* schedules their guides, races, sleds, and dogs according to our sign-up. Respecting this schedule, we can't change your ride request or issue ride refunds within 45 days of our event. And, as in all physical activities, there's the possibility of fatigue or injury that day, for which we also cannot issue refunds. Thank you for understanding!

3. Mail this form and your \$300 non-refundable deposit to *Trailbound Trips*, 533 S. Summit St., Barrington, IL 60010. Questions? Feel free to contact Carol Ruhter at TrailboundTrips@gmail.com

Your Trailbound guides,
Carol "Scout" Ruhter &
Debbie "LL Lucy" Hager

*"Twenty years from now, you will be more disappointed by the things you didn't do than by the ones you did do ...
Explore. Dream. Discover."
~Mark Twain*



Discover a tribe of other wild women who love the outdoors!